



Sexual Assault, Sexual Harassment and Supporting our Youth



Elizabeth Johnson, PPS Title IX Educator and Investigator

Pamela Zigo, PPS Confidential Advocate and Prevention Education Specialist with VOA Home Free

AGENDA 7:15-8:00

1. Welcome
2. Consent is for everyone - what our teens are learning and why it matters
3. Title IX at school - what it is and how it works
4. When our teens are harmed and how we can help them at home and at school
5. Panel discussion

Healthy Relationship Advocacy Services

for PPS Students & Community



There is support for those who have experienced harassment, sexual violence, controlling relationships, or feel unsafe at home.

Advocates Can Help:

- Provide emotional support.
- Sort out your situation.
- Make a plan to stay safe.
- Figure out who else can help.
- Connect to resources.
- Develop strategies for coping.

Services Are:

- Totally Confidential.
- Focused on Your Goals.
- Non-Judgemental.
- Free, No Commitment.
- Open to all genders and types of relationships.

You Don't
Have to
Bottle it
All Up



Let's
Connect

Call or Text our Hotline for Confidential Support

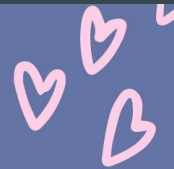
503-809-4357

More info at <https://www.pps.net/titleix>



HOME
Free





100% FREE & CONFIDENTIAL*

**(FREE) SUPPORT FOR
SURVIVORS**
**ADVOCACY HOTLINE
FOR PPS STUDENTS**

**Under Oregon law, Advocates are not mandatory reporters.*

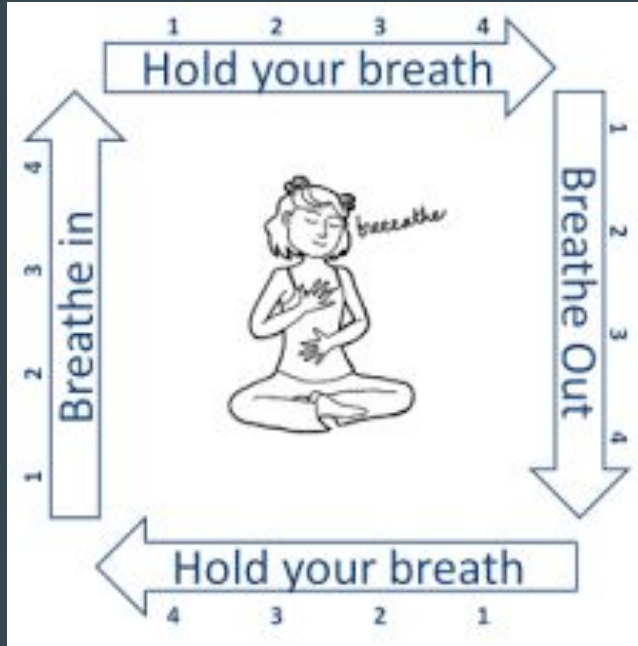
503.809.HELP (4357)

Available in Spanish & English. Call or text!



www.pps.net/titleix

Community Check-In



Prompt:

“When I check-in with myself and prepare for this conversation, I feel...”

(type your response in the chat)

It's kinda like a cup of tea...



<https://www.youtube.com/watch?v=J0pA-iZTt3E>

(Spanish)

Consent is for Everyone!

Consent: An Enthusiastic
"Yes" when "No" is Safe
and Possible.

Think about FRIES

Freely Given
Reversible
Informed
Enthusiastic
Specific

CONSENT



Freely Given
Reversible
Informed
Enthusiastic
Specific

 Planned Parenthood*

Title IX at School

Title IX of the Education Amendments Act of 1972 is a federal civil rights law that states,

“No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any educational program or activity receiving federal financial assistance.”

Title IX

All students have the right to learn in a school environment free from ...

- Sexual harassment/bullying
 - Sexual assault
 - Teen dating violence
- LGBTQ+ harassment/bullying
- All gender/sex-based discrimination, including in sports and for pregnant/parenting teens

Title IX

Schools have the responsibility to respond to every report of a possible TIX violation.

Together we act to **STOP** the behavior, **PREVENT** it from recurring, **SUPPORT** students and **REPAIR** harm that may have been caused.

If the behavior is persistent, pervasive and/or severe the TIX Office offers safety planning, investigation and escalated interventions.

Title IX - How to Report

pps.net/titleix

The screenshot shows the Portland Public Schools website header with the logo and contact information. The navigation menu includes 'About', 'Schools & Learning', 'Services', 'Volunteer', 'Jobs', 'Board', 'Policies', and 'Departments'. The 'Services' menu item is highlighted. Below the navigation, the 'Title IX' section is displayed. It includes a heading 'Title IX' and a sub-heading 'Go directly to resources for the following:'. There are two circular icons: 'STUDENT RESOURCES' and 'STAFF RESOURCES', both with hand icons pointing to them. Below these icons, the text reads 'To report - use one of the following option:'. The reporting options are listed as 'gender-based harassment (including sexual/dating violence, stalking, etc.); discrimination/bullying based on LGBTQ2SIA+' and 'or pregnancy/parenting status; and/or inequity in educational programs (such as athletics)'. To the right of this text is a yellow box containing the instruction 'Use one of the following options to report:' followed by the same two reporting options. Below the text in the yellow box are two buttons: 'TITLE IX OFFICE' and 'SAFEOREGON'. Arrows point from the text in the yellow box to these two buttons.

PORTLAND PUBLIC SCHOOLS Portland, Oregon
501 N. Dixon St. • Portland, OR 97227 • (503) 916-2000

CALENDAR ENROLL CONTACT

About Schools & Learning **Services** Volunteer Jobs Board Policies Departments

Title IX

Go directly to resources for the following:

STUDENT RESOURCES

STAFF RESOURCES

To report - use one of the following option:

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or
pregnancy/parenting status; and/or inequity in educational programs (such as athletics).

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or
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TITLE IX OFFICE

SAFEOREGON

Elizabeth 971-393-3560

erjohnson@pps.net

*Your school's counselor, social worker, VP Ayesha Coning aconing@pps.net

Title IX

What happens when a report is made?

1. "Reporting" is how you connect to TIX support and safety resources. It's like waving a flag "someone has been harmed" and getting help.
2. An online, email or in-person report DOES NOT MEAN A TIX INVESTIGATION HAS BEGUN. (That is a choice the student who has been harmed can make and a decision for later in the process.)
3. The school will immediately put in place appropriate safety interventions & support measures and follow discipline procedures.
4. Elizabeth Johnson from the TIX Office will reach out within 48 hours to educate about Title IX, offer resources and options, answer questions.

PORTLAND PUBLIC SCHOOLS
PPS

FOR STUDENTS...
WHAT HAPPENS DURING A TITLE IX INVESTIGATION?

REPORT

Following a report of any prohibited behavior or incident, the district will take prompt and effective action to **stop the harassment**, address the **hostile environment** that resulted, **prevent its recurrence**, and remedy the effects on the impacted individual or community.

SAFETY & SUPPORTIVE MEASURES

Student safety is our top priority. Depending on circumstances, school or medical support or services may be the first step. In certain circumstances, no contact orders or restraining orders may be issued. Such no contact or restraining orders may be issued pending the outcome of an investigation.

INVESTIGATION OR INFORMAL RESOLUTION

If a preliminary inquiry indicates that a formal investigation is appropriate, the Title Director (or School Compliance Officer) will conduct a **fair, prompt, impartial and thorough exploration of the facts**. If informal resolution is agreed upon by all parties, the process may end here.

INTERVIEWS & INFO GATHERING

In the case of a formal investigation, all parties are interviewed, and have the opportunity to suggest relevant witnesses, provide direct or indirect evidence such as text messages, emails, photos, video, social media posts, or submit other related documents.

DECISION, HEARING OR OTHER SANCTION

Once the investigation concludes, a report outlining the relevant facts gathered during the investigation are submitted to a neutral decision-maker (such as a hearing officer) who will render the administrative decision if a violation of student discipline or other policies were **found** (likely then with a case record from the SDC).

ONGOING SAFETY PLANNING

The reporting party is notified of the decision and any action(s) directly related to their ongoing safety needs. Should circumstances change for any involved party, the Title Director or SDC immediately notified immediately to adjust existing safety plans.

A Title IX investigation offers an unbiased and trauma-informed process that supports both students through learning and accountability.

Determines if TIX has been violated- that the allegation is more likely than not to have occurred as reported.

Results in educational sanctions and, when appropriate, disciplinary action.

Title IX - Scenario

Two students have been in a dating relationship that included physical, verbal and sexual abuse. The partner who has been harmed ends the relationship and their ex begins harassing and threatening them at school and online, so they make a TIX report.

1. Could this be a TIX violation? Yes! Teen dating violence is prohibited.
2. What will happen first? Safety Plan with No Contact Orders and a Support Plan with Advocate/counselor referrals & other resources (as needed). We will center the needs of the student who has been harmed.
3. Will there be a TIX investigation? It's an option because the alleged harassment is occurring in school- "persistent, pervasive, severe."

Title IX - Scenario

4. Will there be disciplinary action (suspension)? Possibly, depending on the facts found and outcome of the investigation.
5. Will the student be kicked out of school? Unlikely if they are following the Safety Plan. All students have the right to attend public school. *But...* if the harassment continues, a disciplinary hearing may occur a possible outcome could be expulsion or No Trespass order put in place at the school.
6. What about the past relationship abuse that happened outside of school? If there was criminal behavior (physical/sexual assault), the student may choose to make a police report.

Title IX - How to Report

pps.net/titleix

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TITLE IX OFFICE **SAFEOREGON**

Elizabeth 971-393-3560

erjohnson@pps.net

Your school's counselor, social worker or principal

When our teens are harmed and
how we can help

What we're seeing among youth in PPS

- Lack of trust in adults and institutions who many perceive have “messed up” on a grand scale
 - Reluctance asking adults for help
- Social media
 - Space for self-determining narratives, self-advocacy, seeking accountability
 - Avenue for connection as well as harm and harassment
 - Accessing for info about sexuality, relationships, & mental health
- Leaning heavily on peer relationships.
- Cultural awakenings about legacies of systemic violence and oppression.
- Experiencing pressure to share nudes & engage in intimate acts.
- Feeling recourse for justice is inadequate.

What Teens Experience

Image Abuse and Exploitation

Electronic taking and sharing of explicit images, pornography or other explicit content without consent

Sexual Assault

Any non-consensual sex act

Sexual Harrassment

Unwelcome sexual advances, requests for sexual favors, and other verbal or physical harassment of a sexual nature. Includes stalking.

Dating Violence

Pattern of exerting power and control over a previous or current dating partner. Can include stalking.

Potential Signs of Trauma Vary in Individuals

- May Include changes in:
 - Socializing
 - Sleep
 - Eating
 - Sexual behavior
 - School attendance/performance
 - Identity presentation
 - Disassociation
 - Acting Out
 - Addictive behaviors
 - Body Shame
 - Depression
 - Anxiety
 - Anger
 - Socially withdrawing
 - Loneliness
 - Hopelessness



Tools for Supporting Youth

- Cultivate an overall relationship of mutual trust and openness
- Empower their choices
- Model consent & healthy boundaries
- Ask open-ended questions
- Actively listen
- Be non-judgemental
- Release impulses to fix or control
- Respect needs for privacy, space, and autonomy
- Offer options and resources before asking if they want to hear advice
- Be accountable and open to feedback



I'm concerned... but how do I check in?

Be mindful of setting, timing, and headspace. Choose a time collaboratively.

"Lately, I've noticed X and X. I'm not judging, but I'm curious if you're open to talk about how you've been feeling."

"I'm here to support you no matter what. I want to help you feel safe talking with me if you're struggling with something, even if you're worried you did something wrong."

"You seem X. I know when you are X, sometimes it means that you're not feeling your best. How can I support you?"

If they aren't interested in answering.... "It's ok if you don't want to talk about this right now. I'm here to talk if you ever want to."

Something has happened. What do I say?

Most people who experience sexual trauma or abuse blame themselves

DID YOU KNOW?
TITLE IX PROTECTS LGBTQ2SIA+
YOUTH AT SCHOOL.

**Be
true.
Be
brave.
Be
proud.
Be you.**

DON'T STAND BY... STAND UP!
REPORT BULLYING & HARASSMENT
www.pps.net/titleix



District Title IX Team

Liane O'Banion, Ed.D.

Director

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LGBTQ2SIA+ Support

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TOGETHER
WE WILL

WWW.PPS.NET/TITLEIX

PORTLAND PUBLIC SCHOOLS

"Let Her Learn Toolkit"

National Women's
Law Center

pps.net/titleix

Comprehensive student resources at
school and in the community



PORTLAND PUBLIC SCHOOLS
PPS

If someone is hurting you, please ask for help.

100% FREE & CONFIDENTIAL*

**SAFE RELATIONSHIPS
ADVOCACY HOTLINE
FOR PPS STUDENTS**

*Under Oregon law, Advocates are not mandatory reporters.

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Available in Spanish & English

www.pps.net/titleix



NATIONAL WOMEN'S LAW CENTER

LET HER LEARN

a toolkit
to stop school pushout

FOR GIRLS WHO HAVE EXPERIENCED
SEXUAL HARASSMENT

Resources for Youth

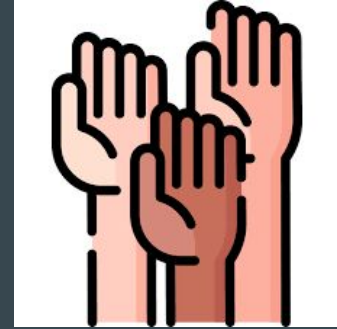
- Websites & Peer Support
 - www.loveisrespect.org
 - 24/7 Live Chat, Talk or text LOVEIS to 22522
 - www.oregonyouthline.org
 - 24/7 Live Chat, Talk or text teen2teen to 839863
 - <https://safebae.org/>
- School-Based Resources
 - Confidential Advocacy
 - Simone: 503-488-9085
 - Safe Relationships Advocate Hotline: 503- 809-HELP
 -
 - Title IX
 - Elizabeth: 971-393-3560
- Local Resources
 - SMYRC: 503.224.4339
 - Call to Safety: 503.235.5333

Resources for Parents

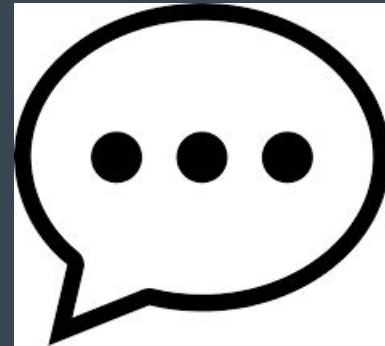
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- Local Resources
 - Call to Safety: 503.235.5333
 - UNICA: 503.232.4448

Panel Discussion

What questions do you have for us?



Type your question for PPS staff, Advocate and/or students in the chat. We want to hear from you!



Community Check-Out

Prompt #1:

“After learning about Title IX, a HOPE that I have for myself as a parent is...”

Prompt #2:

“After learning about Title IX, a HOPE that I have for my child is...”

(type your response in the chat)